RISE Jokela



Monday 10/13/2025 Breakfast

Rye-Oatmeal L, M, VE Raspberry jam L, M, G, VE Fresh garnish L, M, G

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Dinner

Chicken-Vegetable Soup L, G Fresh garnish L, M, G 0

Lunch

Fish Patties L, G Dill-Curd Cream Sauce L, G Boiled potatoes L, M, G, VE Fresh garnish L, M, G **Supper** 0

Sour milk product L, G Fresh garnish L, M, G

C Heart symbol

Changes to the menu are possible. With the meals, we offer bread, spread and food drink.