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**Monday 10/13/2025**

**Breakfast**

rice crispies L, VE  
Banana Yoghurt L, G  
Fresh garnish L, M, G

**Dinner**

Chili Con Carne L, M, G  
Rice L, M, G, VE  
Fresh garnish L, M, G


**Lunch**

Chicken-Vegetable Soup L, G  
Fresh garnish L, M, G

**Supper**

Sour milk product L, G  
Fresh garnish L, M, G



 Heart symbol

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*Changes to the menu are possible.  
With the meals, we offer bread, spread and food drink.*

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*L - Lactose free, M - Milk free, G - Gluten free, VE - Vegan*