RISE Suomenlinna



Monday 10/13/2025 Breakfast

Rice Porridge L, G Cinnamon and Sugar L, M, G, VE cold cuts L, M, G Edam cheese, slices L, G cucumber L, M, G, VE

Dinner

Chicken in Cheddar Cheese Sauce L, G Rice L, M, G, VE

Warm Vegetables L, M, G, VE

Lunch

Minced meat soup L, M, G

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Supper

Yoghurt Buffet L cold cuts L, M, G Gouda cheese L, G Tomato L, M, G, VE Fruit L, M, G, VE

C Heart symbol

Changes to the menu are possible. With the meals, we offer bread, spread and food drink.